

Appetisers

Mixed Kebab (Lamb, chicken, sheek & onion bhaji)	£4.95
King Prawn Puree (King prawn cooked in Bhuna sauce with pancake)	£5.95
Prawn Puree (Prawn cooked in Bhuna sauce with pancake)	£4.45
Sheek Kebab (Minced meat)	£4.45
Shami Kebab (Omelette wrap)	£4.45
Chicken or Lamb Tikka (Boneless chicken or lamb marinated & cooked in clay oven)	£4.45
Ⓞ Onion Bhaji (Stuffed with herbs & spices, deep fried)	£3.10
Lamb or Chicken Somosa (Pastry stuffed with lamb, chicken or veg)	£3.45
Garlic Mushroom Paneer (Cooked in light spice & cheese)	£3.45
Cinnamon Signature Platter (For two) (Grill Lamb Chops, Spring Roll, Chicken Tikka, Onion Bhaji)	£11.95
♣ Chilli Chicken Pakora (Deep fried marinated chicken)	£4.45
Skewered Meatballs (Stir fried in a chilli sweet & sour sauce)	£4.95
Sweet Chilli Chicken (Cooked in sweet chilli jam)	£4.95
Sobzi Puree (Mixed veg cooked in Bhuna sauce with pancake)	£3.50
Lamb Puree (Minced lamb cooked in Bhuna sauce with pancake)	£4.45
Aloo Chat Puree (Potato cooked in a spicy tangy sauce with pancake)	£3.95
Nargis (Minced lamb covered with boiled egg, cooked in clay oven)	£4.45

Tandoori Flamers

Served with salad & mint sauce, rice or nan.

Tandoori Chicken (Half chicken marinated, cooked in clay oven)	£9.95
Chicken Tikka (Chicken marinated, cooked in clay oven)	£9.95
Lamb Tikka (Lamb marinated, cooked in clay oven)	£10.45
Tandoori King Prawns (King prawns marinated, cooked in clay oven)	£15.95
Mixed Shaslick (Tender pieces of chicken or lamb tikka grilled with capsicum, onion & tomato)	£9.95
Mix Grill Flamer (Pieces of chicken, Tandoori chicken tikka, Lamb tikka, sheek kebab & King prawn tikka, cooked in a clay oven)	£12.95
Salmon Shaslick (Tender pieces of salmon grilled with capsicum, onion & tomato, cooked in a clay oven)	£11.95

**PLEASE BE PATIENT ALL OUR DISHES ARE
FRESHLY COOKED . FOR ANY SPECIAL DIETARY
REQUIREMENTS PLEASE ASK A MEMBER OF STAFF**

Award Winning Signature Dishes

Strength to taste

Classic Staff Curry Fresh strips of tender chicken or lamb cooked in a spicy staff curry sauce using an array of ground spices, fresh cinnamon & bay leaf. A wonderful blend of spices which are distinctly notable on your taste buds. With King Prawns	£11.95 £15.95
Stuffed Murghi (Chicken) Curry Whole breast of prime chicken fillet , stuffed with spicy vegetable mash, then grilled in the Tandoori oven. Garnished with a spicy staff curry sauce, served with pan fried mushrooms.	£11.95
Shatkora Staff Curry The Shatkora is a truly individual dish created using the citrus fruit known as Shatkora, which is a tangy, slightly bitter fruit from Bangladesh. When used in cooking it gives the dish a very unique taste which can only be described when tried. A home favourite among many Bangladeshis. Recommended with Lamb.	£11.95
Sea Bass Samba Biran Fillet of sea bass is flavoured with ground spices then pan fried. A separate vegetable mix samba is created to give this dish it's base. Crispy fish & a moist vegetable base gives this dish it's wonderful combination of flavours.	£12.95
Bindi Gosht Fresh okra cooked in medium spiced Chef's special homemade sauce. Cooked with prawn, lamb or chicken.	£10.95
Dhol Pori Chicken Fresh sliced chicken cooked with garlic & sweet chilli with capsicum & onion.	£10.95

Specialities

• Mossala Dishes Cooked in a medium thick sauce.	
• Butter Dishes Coated in a butter cream, herbs & spices producing a beautiful mild, mouth-watering dish.	
• Passanda A creamy mild dish cooked with red wine, almond & coconut in a rich thick sauce.	
• Lock No A mild dish cooked with almond, mushrooms & wine in a rich thick sauce.	
• Podina Gosht A mild dish cooked with almond, honey & fresh mint. A very creamy dish.	
Chicken Tikka	£9.45
Lamb	£9.45
Salmon	£10.95
King Prawn Tikka	£15.95
Ⓞ Sobzi (Mix veg)	£7.95

Signature Biryani

Cooked with Basmati rice, spices & herbs.
Served with a vegetable curry or Dahl Massala.

Chicken	£9.95
Lamb	£10.95
Chicken Tikka	£10.95
Prawn	£10.95
King Prawn Tikka	£15.95
Ⓞ Sobzi (Mix veg)	£8.95
♣ Jalfrezi Mixed Biryani (Chicken, Lamb & prawns)	£10.95
♣ Garlic Chilli Chicken or Lamb Sag Biryani	£10.95
Chicken or Lamb Mossala Biryani	£10.95

♣ Slightly Hot ♣♣ Madras Hot ♣♣♣ Extra Hot Ⓞ Vegetarian Ⓞ Traces of Nuts

All dishes can be created to suit individual tastes and strengths

www.indianrestaurantdorset.co.uk

Korai

Cooked & served in a iron skillet

- » Chicken or Lamb Dhansak Sag Korai £9.95
- » Chicken or Lamb Pathia Rogan Josh Korai £9.95
- » Jalfrezi £9.95
Cooked with fresh green chilli, onions & capsicum in garlic butter
- » Roshoni Chilli £9.95
Freshly diced garlic & green chilli, cooked in a very spicy garlic butter
- » Dopiaza Korai £9.95
Onion, green & red pepper & garlic in a medium sauce
- » Chicken or Lamb Tikka Mossala Jalfrezi Korai £10.45
- Chicken Tikka £9.95
- Lamb Tikka £9.95
- Prawn £8.95
- King Prawn Tikka £15.95
- Ⓢ Sobzi (Mix veg) £8.95
- Salmon or Sea bass £10.95

Traditional Dishes

- Korma (Mild coconut creamy sauce)
- Bhuna (Tomato, onion & garlic in a medium sauce)
- » Ceylon (Cocount, hot tangy flavour)
- » Madras (Fairly hot)
- Kashmir (Medium sauce with banana)
- Malaya (Exotic fruits in a mild sauce)
- »» Uindaloo (Very, very hot)
- Sag (Fresh spinach cooked in Bhuna sauce - light spice)
- Chicken £8.50
- Lamb £8.95
- Chicken Tikka £8.95
- Prawn £8.95
- King Prawn £15.95
- Ⓢ Sobzi (Mix veg) £6.50

Award Winning Signature Dishes (cont.)

- Mango Chicken £10.95
Strips of chicken in a mild creamy coconut sauce.
With King Prawns £15.95
With Lamb £11.50
- King Prawn Sag Salom £15.95
Using whole grilled king prawns in a home made sauce, flavoured with ground spices, spinach & garlic. The combination of king prawns, spinach & the intense flavoured staff curry sauce gives the dish a wonderful unique taste.
- Bombay Khan Sali £10.95
Fresh strips of tender chicken or lamb cooked with boiled egg & delicate spices. A very saucy dish topped with fried potatoes & crispy onions.
With Lamb £11.95
- Ⓢ Mixed Vegetable Delight £9.95
A creamy mild dish cooked with Tia Maria & almonds in a rich thick sauce.
With Chicken or Lamb £11.95
With King Prawns £15.95
- Hutki Achar £10.95
Strips of chicken, lamb or prawn cooked in herbs, garlic, ginger & dried fish powder mixed with Chef's special Bhuna sauce.
- Chicken Tikka £10.50
- Lamb Tikka £10.95
- Prawn £9.50
- King Prawn Tikka £15.95
- Ⓢ Sobzi (Mix veg) £8.95
- Cinnamon Mix Sag Balti (Chicken, Lamb, Prawn Tikka) £11.95
- » Garlic & Chilli Chicken Mushroom Balti £10.95

Cinnamon Signature Dishes

Strength to taste

- »» Lambmuti Mushroom - Sizzler £11.95
Tender chargrilled lamb tikka, stir-fried in fresh garlic, mushrooms & spring onions, cooked in a spicy bhuna sauce.
With King Prawns £15.95
With Chicken £10.95
- Paneer Shashlick - Sizzler £11.95
Tender pieces of chicken with green peppers, onions & tomatoes, skewered in our clay oven, garnished with Chef's special mix of grilled cheese. Served with salad & mint sauce. Served with rice or nan.
With King Prawns £15.95
With Chicken £10.95
- »» King Prawn Naga £15.95
Jumbo king prawns, grilled, then cooked in Chef's spiced combination of fiery hot naga chilli sauce & garnished with tomato.
With Chicken £10.95
With Lamb £11.95
- »» Indian Stir-fry Chicken - Sizzler £12.50
Tender battered chicken, cooked with green peppers, onions, fresh chillies & garlic. Hot sweet & sour flavoured stir-fry. Served with mint sauce & salad, rice or nan.
With King Prawns £15.95
- Indian barbecued Fish - Sizzler £12.50
Marinated salmon steaks, skewered in our clay oven, garnished with Chef's spicy tomato chutney. Served with mint sauce & salad, rice or nan.
- Sagathi Dall
A dish full of flavour, cooked fresh spinach, lentils, garlic, fresh lemon juice & combined with Cinnamon's special selected spices.
With Lamb or Chicken £10.95
With King Prawns £15.95
- Murghi Keema Chilli Aloo Mossala £11.95
Strips of tandoori chicken & fresh minced lamb mixed with onion, tomato, garlic butter & fresh green chillis. Cooked in a home made mossala sauce.

Vegetable Sides

with sauce (curry) or dry (bhaji)

Vegetable Curry or Bhaji	£3.50
Mushroom Curry or Bhaji	£3.50
Bombay Aloo (Potatoes)	£3.50
Sag Aloo (Spinach & Potatoes)	£3.50
Aloo Gobi (Potatoes & Cauliflower)	£3.50
Tarka Dall (Lentils)	£3.50
Sag Paneer (Spinach & Cheddar Cheese)	£3.95
Garlic Creamy Mushrooms	£3.50
Bringal Bhaji (Aubergines)	£3.95
Bhindi Bhaji (Okra)	£3.95
Sag Chana Bhaji (Chick Peas)	£3.95
Sag Bhaji (Spinach)	£3.95

English Dishes

All served with chips, stir fried onions & peas

Fried Chicken	£8.50
Pastry Chicken (Coated chicken, deep fried)	£8.50
Chicken Omelette	£8.95
Mushroom Omelette	£7.95
Grilled Sea Bass	£9.95
Grilled Salmon	£9.95

Rice & Nan

Plain Rice	£2.50
Pilau Rice	£3.10
Special Fried Rice	£3.10
Mushroom Rice	£3.10
Keema Rice	£3.10
Onion Rice	£3.10
Garlic Fried Rice	£3.10
Egg Rice	£3.10
Coconut Rice	£3.50
Garlic Spinach Rice	£3.50
Keema Mushroom Sag Rice	£3.75
Garlic Coriander Fried Rice	£3.75
Coconut Chilli Rice	£3.75
Egg & Mushroom Rice	£3.75
Nan	£2.50
Keema Nan	£3.10
Garlic Nan	£3.10
Garlic Cheese Nan	£3.95
Peshwari Nan	£3.10
Peshwari Chilli Nan	£3.10
Tikka Cheese Nan	£3.95
Paratha	£3.10
Stuffed Paratha	£3.50
Chapati	£1.95
Puree	£1.50
Dansak Chips	£3.10
Garlic Chilli Chips	£3.10
Mossala Chips	£3.10
Popadum	95p each
Assorted pickles	95p each